

The Regrettable Experience – Week specials

Monday Lunch Specials

- Soup of the Day: Hearty Lentil Soup (Vegetarian/Vegan)
- Salad: Grilled Chicken Caesar Salad
Allergens: Dairy (in dressing), Gluten (in croutons), Eggs (in dressing)
- Sandwich: BLT Wrap with Avocado
Allergens: Gluten (in wrap)

Tuesday Lunch Special

- Soup of the Day: Creamy Tomato Basil (Vegetarian)
Allergens: Dairy
- Salad: Strawberry Spinach Salad with Balsamic Vinaigrette
Allergens: Potential Tree Nuts (in vinaigrette)
Quiche: Broccoli and Cheddar Quiche
Allergens: Dairy, Eggs, Gluten (in crust)

Wednesday Lunch Special

- Soup of the Day: Chicken Tortilla Soup
Allergens: Dairy, Gluten (in tortilla strips)
- Salad: Greek Salad with Feta and Olives
Allergens: Dairy (in feta)
- Flatbread: Margherita Flatbread
Allergens: Dairy, Gluten

Thursday Lunch Special

- Soup of the Day: Black Bean Soup (Vegetarian/Vegan)
- Salad: Southwest Chicken Salad with Avocado Ranch
Allergens: Dairy (in dressing), Eggs (in dressing)
- Sandwich: Turkey Bacon Avocado Melt
Allergens: Dairy, Gluten (in bread)

Friday Lunch Special

- Soup of the Day: New England Clam Chowder
Allergens: Dairy, Shellfish

- Salad: BBQ Chicken Salad with Ranch
Allergens: Dairy (in dressing), Eggs (in dressing)
- Burger: Black Bean Veggie Burger with Sweet Potato Fries
Allergens: Gluten (in bun), Soy (in veggie patty)

Please let your server know about any food allergies or dietary restrictions.